

Table of Contents

Page	Section	Page	Section
8	Acknowledgments	79	Pecan Coconut Bars
9	Heart Attack & Stroke Warning Signs	80	Pink Frosted Soft Sugar Cookies
10	The Discovery	82	Sneakerdoodles
12	Preface	83	Soft Ginger Roos
13	Where Did Olive Oil Come From?		
17	Medical Benefits of Olive Oil	85	<i>Muffins & Sweet Breads</i>
20	Classifications & Definitions of Olive Oil	86	Almond-Lemon Poppy Seed Bread
24	Tips on Using Olive Oil in Baking Desserts	87	Banana Bread
25	A Note About Whole Wheat Pastry Flour	88	Blueberry Streusel
		90	Chocolate Chip Banana Crumble Muffins
29	<i>Cakes</i>	94	Cinnamon Twisties
30	About Dustings, Glazes, Sugars & Toppings	97	Co-Co's Amazing Bran Muffins
31	Applesauce Cake	98	Converted Scones
32	Basic Cream Cheese Frosting	100	Craisin Muffins
33	Carrot Cake	102	Dad's Apple Cinnamon Rolls
34	Chocolate Chip Buttermilk Cake	105	Double Dutch Chocolate Chip Muffins
37	Chocolate Lava Lava Cake	106	Fresh Blueberry Muffins
38	Comfort Cake	109	Ginger Bread
40	Dave's Infamous German Chocolate Cake	110	Johnny's Apple Bread
42	Ginger Apple Cake	111	Peach Crumble Muffins
44	Good 'Ole Texas Sheet Cake		
46	Honey Cakes	113	<i>Pies & Crisps</i>
47	Pineapple Coconut Cake	114	All American Apple Pie
48	Silky Cheesecake with Strawberries	118	Any Berry Pie
50	Sweet & Slow Banana Cake	121	Corn Flake Pie Crust
51	Yogurt Coffee Cake	122	Graham Cracker Crust
		125	Lemon Meringue Pie
53	<i>Cookies & Bars</i>	126	Peach Cobbler
54	A New Toll Cookie	128	Pecan Pie
57	Black Bottom Toffee Chip Cookies	130	Perfect Olive Oil Pie Crust
59	Candy Bar Cookies	131	Pumpkin's Pie
61	Chocolate Sin Cookies	132	Sweet Apple Berry Pie
62	Crispy Rice Treats	135	Triple Berry Crisp
64	Extreme Lemon Sugar Cookies		
66	Grandma J's Oatmeal Cookies	136	Olive Oil Substitution Chart
67	Lemon Laced Oatmeal Blueberry Cookies	137	Milk Substitutes for Olive Oil Desserts
68	Lemony Squares	138	Egg Substitutes for Olive Oil Desserts
69	Macadamia Crunchers	143	Olive Oil Baking Ingredients Glossary
71	Micki's Simple Brownies	148	Baking Definitions
72	Oatmeal Pecan Chewies	149	End Notes
73	Olive Oil Short Bread	152	Index
77	Peanut Butter Oatmeal Cookies		